
- Developing a Reflective Practice: Study Group Series -
Finding & Trusting your Practitioner Voice
Client as Mirror
The Shared Path of Healing



See website for dates. £30 each £80 for series

There is an alchemy that brings practitioner and client together. Both are teachers, both are students. Each with their own story and path of learning.

Discovering the dynamics at play in the relational field is a profoundly therapeutic process for both practitioner and client. Understanding these dynamics through reflective practice empowers us towards safe and effective work that deepens beyond the more tangible aspects of the treatment process.

This series of study groups reflects on the story and process each of us experiences as practitioner. It explores what we learn personally from our work with clients which naturally benefits us professionally and our clients in their journey too.

Study Group 1: Finding and Trusting your Practitioner Voice:

When the student is ready the teacher will appear. When the student is truly ready... The teacher will disappear. Lao Tzu

Your voice is not about the words you choose nor about how you sound. Your voice is an expression of your innate being and finding and trusting it is bound up with a deeper journey of self. This study group offers an opportunity to ease into trusting what is already within you and explores how this might be expressed and then used in your work with clients and beyond.

Study Group 2: Client as Mirror:

We seek outside the wonders we carry inside us. Rumi

When you look into yourself to understand the process with your client you have the opportunity to see reflected aspects that can give greater insight into both your client and the therapeutic relationship where healing occurs. When acknowledged and reintegrated – this subtle level of reality potentially transforms the healing process and the relational field within which we work.

Study Group 3: The Shared Path of Healing:

Does the walker choose the path, or the path the walker? Garth Nix

Greater clarity and a deeper understanding of what is needed in this work can be found by including our own experience within the therapeutic relationship. There is a shared path of healing, often illuminated by the clients we attract and who choose us as their practitioner.

Building on the previous two study groups in this series (though you may take this as a stand-alone study group) you are invited to explore what this means to you in your existing practice and to embrace how this dynamic affects your work with clients and their response to treatment.