

BLUE TURTLE GROUP SPACE

We have a desire to reignite connections.

Blue Turtle Group Space is intended as somewhere to meet, where curiosity can be fostered and each of us can feel encouraged and supported to explore and develop – with an open mind- our relationship to our work, to CST and to our community.

This is a space where colleagues can come together, conversation can flow, the sharing of stillness can be easy and the field can be shared.

Rather than being restricted by specific approaches and schools of thought, we offer an openness to be led by the very system that we work with that has ever-existed long before it was described and given the varied and wonderful constructs that allow us 'through the door'. We welcome your own flavour and the nuances and themes that spontaneously arise within this community space. We honour what truly reflects the cranial system at the heart of everything.



We hope this will be a space for asking questions. Simple questions, advanced questions – to ponder the universe, to think about a nerve pathway, to be able to take received wisdom and turn it on its head or stand on the shoulders of giants; to allow us the joy of sharing, enquiring, being, thinking and reinventing. To be with whatever arises – together.

These groups will usually be facilitated by two or more of us from Blue Turtle. What we offer might vary in approach and focus from month to month and are intended as fluid pop-ins – a place to muse and ponder. Although there may sometimes be a call for more practical and clinical themes where a study group style allows for skill based learning and refining, we also want to go beyond this to be open to the philosophical and the personal with a creative and open heart. We want to provide a place for professional development without specific measurable outcomes. Safety and offering each of us a voice is a given.

Come whenever the mood takes you, though please note, in its present online format, we will be capping each group at a maximum of 10 participants. As things evolve we hope to offer in person group spaces and other formats too. Each group runs for 90 minutes and is offered at an introductory rate of £10.

For dates and to book please see website.